

Module 1 – Getting started with the Story Massage Programme

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Write down some benefits of the Story Massage Programme.

Physical
Emotional
Social
Educational





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Slide 7

Try to imagine different situations or times of day where you can envisage using the Story Massage Programme – whether at home, school or in the wider community.

Start to make a list here	e:		





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How could the Story Massage Programme be used to celebrate a special occasion or				
event? Write down some ideas here.				

