Nursery Rhymes with the Story Massage Programme <u>www.storymassage.co.uk</u>

Celebrating World Nursery Rhyme Week 2020 (16th – 20th November)



We hope you enjoy sharing these massage stories. Always remember to ask permission and say 'thank you' at the end. You can also enjoy these massage stories as a self-massage or with your pets or teddies!

- 1. The Wheels on the Bus
- 2. Five Little Speckled Frogs
- 3. Hickory Dickory Dock
- 4. Old McDonald Had a Farm
- 5. Miss Polly Had a Dolly

Explanation of the strokes is available in our book 'Once Upon a Touch' and online training available from the website.

(www.storymassage.co.uk)

The Wheels on the Bus

Adapted for the Story Massage Programme www.storymassage.co.uk

Image: Constraint of the state of the s		
Round and round The wheels on the bus go round and round All day long. The wipers on the bus go swish, swish, swish, swish, swish swish swish swish swish swish swish The wipers on the bus go swish, swish, swish, swish, swish All day long. The horn on the bus goes beep, and closed All day long. The doors on the bus go open and closed Open and closed Open and closed The doors on the bus go open and closed Open and closed The doors on the bus go open and closed		The wheels on the bus go round and round.
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The doors on the bus go open and closed	Catorymassage.co. 34	•
All day long.	26	•
All day long.	Catorymassage.co.34	
	Stronger and Stronger	All day long.

Five Little Speckled Frogs Adapted for the Story Massage Programme

	www.storymassage.co.uk		
Charge and	Five little speckled frogs		
***	Sat on a speckled log		
2	Eating the most delicious bugs		
~	One jumped into the pool where it was nice and cool		
V.	Then there were four green speckled frogs		
V	Four little speckled frogs		
	Sat on a speckled log		
	Eating the most delicious bugs.		
	One jumped into the pool where it was nice and cool		
V	Then there were three green speckled frogs		
astatke.	Add verses until last verse		
Y	One little speckled frog		
***	Sat on a speckled log		
	Eating the most delicious bugs		
	He jumped into the pool where it was nice and cool		
N	Then there were no green speckled frogs		

Hickory Dickory Dock Adapted for the Story Massage Programme

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estormassage.co.ut	Hickory Dickory Dock.
Setorymassage.co.3t	The mouse ran up the clock.
©storymassage.co.vt	The clock struck one.
estorymassage.co.ut	The mouse ran down.
estormassage.co.14t	Hickory Dickory Dock.

Old McDonald Had a Farm

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C	Old McDonald Had a Farm E-I-E-I-O
tommassage.co.t	And on that farm he had a
Catorymassage.co.34	Lamb E-I-E-I-O With a baa baa here And a baa baa there Here a baa, there a baa Everywhere a baa baa Old McDonald Had a Farm
Cation massage coust	E-I-E-I-O
6	Old McDonald Had a Farm E-I-E-I-O
Catormassage.co.st	And on that farm he had a
atomassage.co.it	Cow E-I-E-I-O With a moo moo here And a moo moo there Here a moo, there a moo Everywhere a moo moo
estorymassage.co.ut	Old McDonald Had a Farm E-I-E-I-O

	IDEAS FOR OTHER ANIMALS
estormaceae.co.3*	Pig – Oink, Oink
Citorymassage.co.34	Chicken – Cluck, Cluck
Catorymassage.co.34	Cat – Meow, Meow
Catorymassage.co.3%	Dog – Woof, Woof
estormassage.co.x*	Horse – Neigh, Neigh
Criorrmassage so st	Duck – Quack, Quack
Catorymassage const	Mouse – Squeak, Squeak

Miss Polly Had a Dolly

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	Miss Polly had a dolly who was sick, sick, sick
ostorymassage.co.34	So, she phoned for the doctor to come quick, quick, quick.
Cstormassage.co.ut	
Catorymassage.co.3t	The doctor came with his bag and his hat,
Satormassage.co.st	And he knocked on the door with a rat-a-tat-tat.
Catorymacson co.34	He looked at the dolly and he shook his head.
Catorymassage.co.ut	And said, "Miss Polly, put her straight to bed!"
Caronymassage co.ut	He wrote on a paper for a pill, pill, pill.
Caronymassage co.ut	"I'll be back in the morning with my bill, bill, bill."