

## Amazing Autumn - Amazing You!

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	Autumn is here to share its beautiful box of warm colours with us.
	The leaves say goodbye to their trees as they twirl and dance on the ground.
	Each leaf is a unique colour and shape, just like we are all uniquely different.
	Sometimes we want things to stay the same and not change. But nature shows us how each season must change.
	The leaves are changing to beautiful colours of red, orange, yellow and gold.
	You are changing and growing as a beautiful, talented individual.
	Autumn gives us the chance to collect the harvest and feel grateful for the apple and blackberry crumble we can eat.
	We can thank the sun for shining in the summer and bringing us happy days together with family and friends.
	Each season is important and shows us how clever nature is.
	Let's pause and observe its beauty.
	Autumn doesn't feel sad that summer is over. Autumn enjoys every moment and keeps moving forward.