











## Protect our Oceans

Created for the Story Massage Programme by Una Curran

[www.storymassage.co.uk](http://www.storymassage.co.uk)

	We are grateful for our amazing oceans where sea creatures live.
	Our oceans hold 97% of the water on our planet, Earth.
	The world's oceans are the largest living ecosystems and regulate the Earth's climate.
	They regulate the rain that lands on our mountains and river.
	The world's oceans help our planet to stay balanced.
	But how can we help the oceans of this big planet, Earth?
	We can try to use less plastic as some of our plastic ends up in the ocean hurting our beautiful sea creatures.
	When we go to the beach, we can make sure we put our rubbish in the bin and bring everything home with us.
	We can collect rainwater at school and at home for watering our plants.
	All of us can say thank you every time we drink clean water or play in the sea.